

Curriculum Map 2024-25 P.E – Year A

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year R	Locomotion - Walking 1 Dance - Ourselves	Dance - Dinosaurs Meadow School	Ball Skills - Hands 1 (foundation) Gymnastics - Moving	Gymnastics - High, low, over, under Ball Skills- Feet 1	Locomotion Jumping 1 Attack v Defence Games for Understanding	Ball Skills - Hands 2 Dance Nursery Rhymes
Year 1/2	Running 1 (Y1 Unit) Health and Wellbeing (Y1 unit)	Locomotion - Dodging (Y2 unit) Gymnastics - Linking (Y2 unit)	Dance - Heroes (Y1 unit) Ball Skills - Hands 1 (Y1 unit)	Gymnastics - Wide, narrow, curled (Y1 unit) Ball Skills - Hands 1 (Y2 unit)	Dance - Mr Candy's Sweet Factory (Y2 unit) Outdoor Adventure - Forest School	Ball Skills Rackets, bats & balls (Y1 unit) Team Building (Y1 unit)
Year 3	Golf - Focus & precision (Y3 unit) Games - Invasion - Tag Rugby (Y3 unit)	Dance - Wild Animals (Y3 unit) Games - Invasion - Dodgeball (Y3 unit)	Gymnastics - symmetry and asymmetry (Y3 unit) Outdoor Adventure Activities - Problem solving (Year 3 unit)	Health and wellbeing - Mindfulness (Y3 unit) Outdoor Adventure - Forest School	Games : Invasion : Netball (yr 3 unit) Games - Striking and Fielding Rounders (Y3 unit)	Athletics - (Y3 unit) Games - Striking and Fielding- cricket (Y3 unit)
Year 4/5	Swimming Games - Invasion - Tag Rugby (Y4 unit)	Dance - Space (Y4 Unit) Swimming	Health Related Exercise (Y5 unit) Games - Invasion - Netball (Y4/5 unit)	Gymnastics - Counter Balance & Counter Tension (Y5 unit) Games - Football (Y5 unit)	Games - Invasion - Dodgeball (Y4 unit) Games - Striking and Fielding Cricket (Y4 unit)	Dance - Greeks (Y5 unit) Athletics - (Y4 unit)
Year 6	Outdoor Adventure - Forest School Games - Invasion- Basket Ball	Dance - Carnival Health Related Exercise	Gymnastics - Matching and Mirroring Games - Invasion-Tag Rugby	Dance - Titanic Games - Invasion- Netball (Y6 unit)	Games – striking and Fielding Rounders Outdoor Adventure Activities - Problem Solving	Athletics Games – invasion- Hockey

Curriculum Map 2025-26 P.E – Year B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year R	Locomotion - Walking 1	Dance - Dinosaurs	Ball Skills - Hands 1	Gymnastics - High, low, over, under	Locomotion Jumping 1	Ball Skills - Hands 2
Year 1/2	Health and Wellbeing (Y2 unit) Locomotion - Jumping (Y1 unit)	Gymnastics - Body parts (Y1 unit) Meadow School	Ball Skills- Hands 2 (Y1 unit) Locomotion - Jumping (Y2 unit)	Ball Skills - Hands 2 (Y2 unit) Dance - Explorers (Y2 unit)	Ball Skills - Feet 1 (Y1 unit) Gymnastics - Pathways (Y2 unit)	Ball Skills - Feet 1 (Y2 unit) Games for understanding - Attack v Defence (Y1 unit)
Year 3	Dance - Weather (Y3 unit) Games - Invasion - Basketball (Y3 unit)	Games - Invasion - Basketball (4/5 unit) Outdoor Adventure Activity - Problem Solving (Y4 unit)	Games - Invasion - Handball (Y3 unit) Gymnastics- Bridges (Y4 unit)	Athletics - Competitions (Y3 unit) Health & Wellbeing - Mindfulness (Y4 unit)	Games - Invasion Hockey (Y3 unit) Games - Invasion Handball (Y4 unit)	Games - Invasion Hockey (Y4 unit) Athletics - Running (Y4 unit)
Year 4/5	Outdoor Adventure Activity - Problem Solving (Y5 unit) Swimming	Dance - Cats (Year 4 unit) Swimming	Health Related Exercise - circuits Gymnastics Counter Balance & Counter Tension (Y5 unit)	Dance - The Circus (Y5 unit) Games - Football (Y4/5unit)	Athletics - Competitions (Y5 unit) Games - Invasion Tag Rugby (Y5 unit)	Athletics - athletics (Y5 unit) Games - Invasion Netball (Y5 unit)
Year 6	Outdoor Adventure - Forest School Games - Invasion- Basket Ball	Dance - Carnival Health Related Exercise	Gymnastics - Matching and Mirroring Games - Invasion-Tag Rugby	Dance - Titanic Games - Invasion- Netball	Games – striking and Fielding Rounders Outdoor Adventure Activities - Problem Solving	Athletics Games – invasion- Hockey